Raspberry Lime Fizz



Serving Size

Serves 5, 1 cup per serving

Ingredients

- 1 cup cranberry-raspberry juice
- 4 cups seltzer water
- 1 large lime

Materials

- Cutting board
- Measuring cups
- Mixing spoon Sharp knife
- Special Materials
- Large pitcher

Nutritional Information

Nutrition Facts Serving Size 1 cup Servings Per Recipe 5

Amount Per Serving Calories 30 Calories from Fat 0 % Daily Value* Total Fat Og **0**% Saturated Fat 0g **0**% Trans Fat 0g Cholesterol Omg 0% Sodium 5mg 0% Total Carbohydrate 8g 3% Dietary Fiber 0g 0% Sugars 7g Protein 0g Vitamin C 25% Vitamin A 0% Calcium 0% • Iron 0% *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

(http://www.feedburner.com/fb/a/emailFlare? loc=en_US&itemTitle=Raspberry%20Lime%20Fizz&uri=%2Frecipes%2Fraspberrylime fizz)

Instructions

- In a large pitcher, mix cranberry-raspberry juice with seltzer water.
 Rinse lime and cut in half. Squeeze juice from each half into the pitcher, discarding seeds.

3. Mix well before serving.

Chef's Notes

- · Pour over ice and garnish with a lime wedge.
- Replace cranberry-raspberry juice with any 100% juice you prefer.
 For more fruit flavor, increase juice or decrease seltzer water.
- Add thin slices of lemon, lime, or orange for more flavor.
 If you do not have a large pitcher, prepare in a large bowl. Use a measuring cup or ladle to serve.