## Raspberry Lime Fizz



Serving Size
Serves 5,1 cup per serving
Ingredients

- 1 cup cranberry-raspberry juice

4 cups seltzer wate

- 1 large lime


## Materials

- Cutting board
- Measuring cups
- Mixing spoon
- Sharp knife

Special Materials

- Large pitcher

Nutritional Information

## Nutrition Facts

Serving Size 1 cup
Servings Per Recipe 5
Amount Per Serving
Calories $30 \quad$ Calories from Fat 0

|  | \% Daily Value |
| :--- | ---: |
| Total Fat 0 g | $\mathbf{0 \%}$ |

Saturated Fat $0 \mathrm{~g} \quad 0 \%$

Trans Fat 0g
Cholesterol 0mg 0\%

| Sodium 5 mg | $\mathbf{0 \%}$ |
| :---: | :---: |
| Total Carbohydrate 8 g | $\mathbf{3 \%}$ |
| Dietary Fiber 0 g | $\mathbf{0 \%}$ |

Sugars 7g
Protein 0 g
Vitamin A 0\% • Vitamin C 25\%
Calcium 0\% - Iron 0\%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher calorie diet. Your dally values may be high
or lower depending on your calorie needs

Instructions

$$
\begin{aligned}
& \text { 1. In a large pitcher, mix cranberry-raspberry juice with seltzer water. } \\
& \text { 2. Rinse lime and cut in half. Squeeze juice from each half into the pitcher, discarding seeds. } \\
& \text { 3. Mix well before serving. }
\end{aligned}
$$

## Chef's Notes

- Pour over ice and garnish with a lime wedge.
- Replace cranberry-raspberry juice with any $100 \%$ juice you prefer.
- For more fruit flavor, increase juice or decrease seltzer water.
- Add thin slices of lemon, lime, or orange for more flavor
- If you do not have a large pitcher, prepare in a large bowl. Use a measuring cup or ladle to serve.

